

FOR IMMEDIATE RELEASE
MOUNT HARMON



**EARTH DAY 5 K CROSS COUNTRY RUN/WALK
& FAMILY FUN LOOP WITH ON SITE & VIRTUAL OPTIONS
AVAILABLE DURING MONTH OF APRIL**

Calling all Runners, Walkers, Hikers, and Nature Lovers!

Please join us for the 7th annual Mount Harmon Earth Day 5K Cross Country Run/Walk, plus new this year Family Fun Loop with On Site & Virtual Options available during the entire month of April. This event is newly updated for these historic times and is in celebration of Earth Day and nature at Mount Harmon. Mount Harmon is a historic plantation and 200-acre nature preserve in Cecil County Maryland, with miles of waterfront and scenic hiking trails, historic manor house, outbuildings, and formal gardens. The Earth Day 5K Run/Walk course and Family Fun Walk Loop traverse some of the region's most beautiful and historic waterfront nature trails. Runners, walkers, and hikers of all ages are encouraged to join us this April to get out in nature and celebrate Earth Day! Free Earth Day 5K Event T-shirt to all pre-registered by April 1st. Cool Mount Harmon prizes for top finishing runners and walkers in various age groups. Bring a picnic to enjoy our beautiful historic site and grounds after you run/walk!

ON SITE & VIRTUAL EVENT DETAILS:

- \$25 for 5K Registration
- \$15 for 5K Student Registration
- \$20 for Family Fun Loop (1.5 mile)
- Register to Run/Walk anytime during month of April (only black out date n/a 4/24)
 - Run/Walk at Mount Harmon, on our beautiful trails!
 - Or Run/Walk at another place of your choice
 - Free Earth Day 5K T-Shirt to all pre-registered by April 1
 - Bring picnic to enjoy on our grounds after you Run/Walk
 - Download App to track your time & upload to win cool prizes

*Proceeds benefit Mount Harmon, a historic and scenic treasure.
POB 65, 600 Mount Harmon Road, Earleville, MD 21919
For Event & Registration Information visit our website at
www.mountharmon.org 410-275-8819 info@mountharmon.org*

*~ Many thanks for following Social Distancing
& Leave No Trace Guidelines ~*