

FOR IMMEDIATE RELEASE MOUNT HARMON



EARTH DAY 5K CROSS COUNTRY RUN/WALK Saturday, April 27, 9am – 1pm

Calling all Runners, Walkers, Hikers, and Nature Lovers!

For more information contact Mount Harmon at info@mountharmon.org or 410-275-8819.

Please join us for the 6th annual Mount Harmon Earth Day 5K Cross Country Run/Walk Saturday, April 27st from 9am – 1pm. This event is in celebration of Earth Day and nature at Mount Harmon. Mount Harmon is a historic plantation and 200-acre nature preserve in Cecil County Maryland, with miles of waterfront and scenic hiking trails, historic manor house and plantation outbuildings, formal gardens, and education center. The Earth Day 5K Run/Walk cross-country course traverses some of the region's most beautiful and historic waterfront nature trails. Runners and walkers of all ages are welcome. The Earth Day 5K is a great way to enjoy springtime, explore nature, and celebrate Earth Day! Free t-shirt to all participants, awards, refreshments, Manor House tours, and Earth Day 5K Activities & Exhibitors.

Mount Harmon Earth Day 5K Run/Walk Schedule

Registration opens at 9 am

Race Starts at 10 am

Awards and refreshments at 11 am

Earth Day Exhibitors & Manor House & Colonial Kitchen Tours 10am – 1pm

Advanced Registration: \$20 (valid thru 4/25)

Day of Registration: \$25 (4/27)

Guests of Runners/Walkers: \$5

Proceeds to benefit Mount Harmon Plantation's Preservation and Education programs.

Friends of Mount Harmon, P. O. Box 65, Earleville, MD 21919

410-275-8819 or via e-mail at info@mountharmon.org

Mount Harmon Plantation, a scenic and historic treasure.